



## Activity Card 2

# Sheepdogs

You will need to find a partner to complete this activity and you will need to use the PE hall.

- Before you begin, you should watch a video clip of a sheepdog guiding sheep into a pen.
- First, decide who will be the **sheep** and who will be the **sheepdog**.
- Together with your partner, can you create a simple obstacle course on the floor of the hall with cones?
- Use one of the cones to mark the starting point and perhaps a large hoop to represent the sheep pen.
- Whoever is the **sheep** has to follow the instructions of the person who is the **sheepdog**.
- The **sheepdog** can give three instructions only. These are **left** or **right** and **forward**.
- When they give the **forward** instruction they must add a distance, for example **forward 6 steps**.
- Can you guide the **sheep** into the pen? Stand behind the **sheep** to give your instructions.
- You can change roles when you have finished.

To make things a little more interesting, try the activity with the **sheepdog** facing the **sheep** instead of standing behind them. What differences did you notice?