



Northern Ireland  
Curriculum

Reading Scheme to Support the  
Learning for Life and Work Thematic Units (SLD)

# Breakfast: Boiled Egg and Toast

Level 3

**Writers' Group:**

Graham Hawthorne, Marian Humphrey, Shirley Gwynne and Avril Napier, all from Roddensvale School, Larne

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# **Breakfast: Boiled Egg and Toast**

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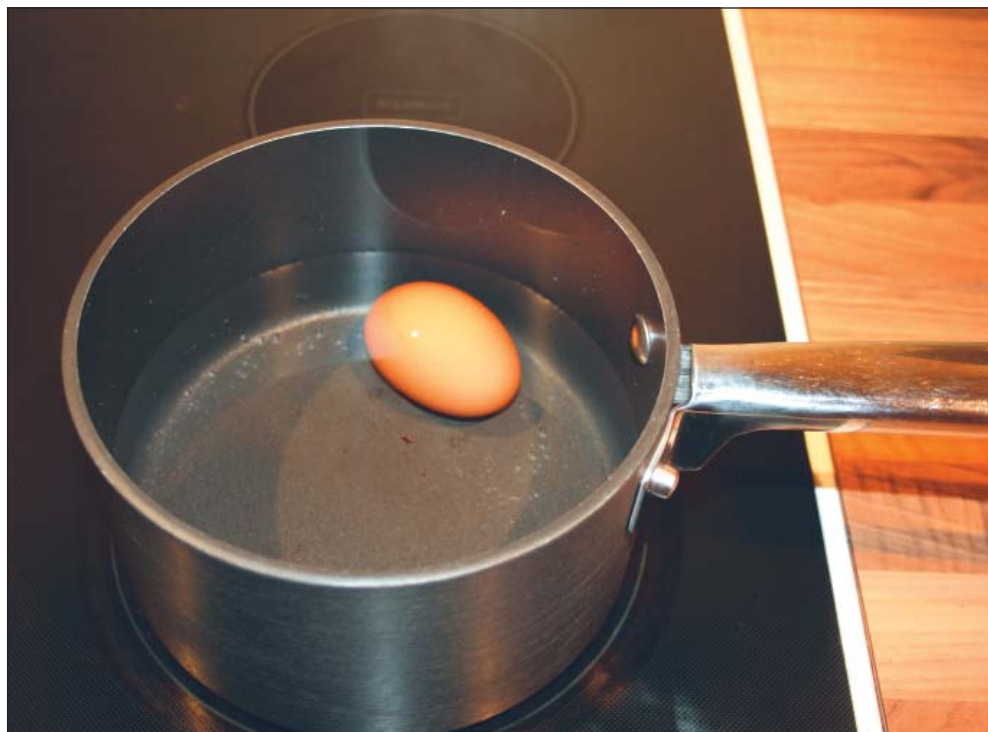
To make a boiled egg and toast for one person, you will need these ingredients:

- 1 egg
- 1 slice of bread
- butter
- tap water.



You will also need this equipment:

- a cooker ring
- a small saucepan
- a slotted spoon
- a toaster
- a timer
- an egg cup
- a knife
- a teaspoon.



## **Step 1**

Put the egg in the saucepan, and cover it with cold water.



## Step 2

Put the saucepan on the ring. Turn the ring on to a high heat. Be careful that your hands and clothes don't touch the hot plate.



### Step 3

When the water boils, set the timer for three minutes if you like your egg soft boiled. If you like a hard boiled egg, leave it for longer.





## **Step 4**

Put the slice of bread in the toaster and switch the toaster on.



## Step 5

When the bread is toasted, lift the hot toast onto a plate. Use a knife to butter it. Be very careful not to burn your hands.



## Step 6

When the timer beeps, turn off the heat. Carefully use the slotted spoon to lift the egg out of the water. Place the egg into an egg cup and cut off the top.



**Enjoy your breakfast!**

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## Put the instructions in order

These instructions are mixed up. Copy them in the correct order.

- Put a slice of bread in the toaster and switch the toaster on.
- Carefully lift the hot toast onto a plate. Use a knife to butter it.
- Put the saucepan on the ring. Turn the ring on to a high heat.
- Put the egg in the saucepan and cover it with water.

# Match the words to the pictures



Lift the egg out with a slotted spoon.

Set the timer for 3 minutes.

Toast the bread.

Put the egg and cold water into a saucepan.

Enjoy your breakfast!

Butter the bread.

Turn the ring off when the timer beeps.

Turn the ring on.



Do you like egg and toast?

When do you eat it?

What did you have for breakfast this morning?

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**COUNCIL FOR THE CURRICULUM EXAMINATIONS AND ASSESSMENT**

☎ +44 (0)28 9026 1200

☎ +44 (0)28 9026 1234

☎ +44 (0)28 9024 2063

29 Clarendon Road, Clarendon Dock, Belfast BT1 3BG

✉ info@ccea.org.uk

🌐 www.ccea.org.uk



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