



Northern Ireland
Curriculum

Reading Scheme to Support the
Learning for Life and Work Thematic Units (SLD)

Breakfast: Porridge

Level 1

Writers' Group:

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Notes to the Teacher:

The activities in this booklet are designed to support the topic *Breakfast: Porridge*. You can photocopy, cut out and laminate the picture cards at the back of the booklet and use them together with the picture board in a variety of ways. For example:

- Have the learners practise picture recognition by sticking the cards on top of the identical squares on the board.
- Have the learners place all the cards in front of them. Say a word, and they point to or hold up the corresponding picture card.
- Give a clue, such as ‘you can put soup or cereal in this’, and invite the learners to hold up the corresponding card (bowl).
- Call out specific categories for the learners to sort and categorise their cards, for example ‘foods’ and ‘kitchen equipment’ or ‘types of spoon’.
- Hold a class discussion on the topic, talking about the picture on each card.
- Use two sets of laminated cards to play matching pairs. Place all the cards face down. Working in pairs, the learners take turns to turn over two cards – if they match, they keep the cards. The winner is the one with more cards at the end.

Here are some of the things you need if you want to make porridge for breakfast.
Can you think of any others?



Do you eat porridge for breakfast?

Do you think porridge is good for you?

What other breakfasts are good for you?

Look at the pictures and talk together about how to make porridge.

1.



2.



3.



4.



5.



6.



Picture Board



oats



milk



wooden spoon



bowl



saucepan



cup



spoon



ladle



sugar



hob



jam



porridge

Picture Cards A



oats



milk



wooden spoon



bowl



saucepan



cup



Picture Cards B



spoon



ladle



sugar



hob



jam



porridge



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