

## UNIT 1

# LGBTQ+ IDENTITIES AND TERMS

**Note:** You should review these resources and links before use to check if they are appropriate for your pupils at Key Stage 3 or Key Stage 4 and in line with your school's ethos and RSE policy. Before teaching these lessons, you should liaise with your class tutor or pastoral link to establish if there are issues or sensitivities in the class that need to be considered.

### LEARNING INTENTIONS

- Pupils are learning about:
- terms for LGBTQ+ identities;
  - how these terms could be used appropriately and sensitively in their school and community so that everyone feels included; and
  - considering the views of others and asking questions about those views in a respectful and inclusive way.

### SKILLS AND CAPABILITIES

- Working with Others
- Managing Information
- Communication.

### LEARNING EXPERIENCES

- Offers choice
- Supportive environment
- Positive reinforcement.

### ATTITUDES AND DISPOSITIONS

- Respect
- Concern for others
- Tolerance
- Openness to new ideas.

### Resources

- Resources A–D
- Flip chart sheets
- Coloured pens
- Envelopes or folders
- [Cara-Friend – A Teacher's Resource: Encouraging LGBTQ+ Inclusive Practice](#)
- [Stonewall – Glossary of terms](#)
- [Gender Identity Research and Education Society – Terminology](#)
- [Active Learning and Teaching Methods for Key Stage 3](#)

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#### Activity 1

##### Discussing terms

- Ask the pupils to get into groups of two or three.
- Using a flip chart sheet and coloured pens, ask the pupils to write down any terms they know for how people self-identify and what they think the terms mean.
- Pupils may suggest words such as heterosexual, lesbian, gay, bisexual, transgender, asexual, binary, queer or questioning. Facilitate a broad and respectful discussion to allow pupils to express their thoughts and ideas.
- When the pupils have finished, ask them to share their answers. Then discuss their answers as a class and consider the following:
  - Are there any terms that some pupils were not aware of before?
  - Have the pupils used more than one term to describe the same thing?
  - Is there any confusion about the meaning of any terms?
- Explain to the pupils that the activities that follow will help to clarify commonly used identity terms.
- Cara-Friend's [A Teacher's Resource: Encouraging LGBTQ+ Inclusive Practice](#), available at [www.cara-friend.org.uk](http://www.cara-friend.org.uk), features a glossary of terms that you might find useful for this unit.



#### Activity 2

##### Definition match

- Cut out and separate the terms from the definitions on Resource A.
- Alternatively, you could keep the column of terms intact and cut out the definitions so that pupils can try to match the correct definition to each term.
- In groups of three or four, ask the pupils to match the correct definition to the term.
- When the pupils have completed the activity, use Resource B to show them the correct answers.
- Then ask the class the following questions:
  - Which terms did you recognise?
  - Which terms did you not recognise?
  - Do you see these terms frequently in everyday life?
  - How could people use these terms to make everyone feel included?
- Discuss and record the pupils' suggestions on the board.

## Teaching Notes

You could add more terms and definitions to Activity 2 from the following resources:

- [Gender Identity Research and Education Society – Terminology](#), available at [www.gires.org.uk](http://www.gires.org.uk)
- [Cara-Friend – A Teacher's Resource: Encouraging LGBTQ+ Inclusive Practice](#), available at [www.cara-friend.org.uk](http://www.cara-friend.org.uk)

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#### Activity 3

##### Gender snap

- Print out enough copies of Resources C and D for pairs of pupils in the class.
- Cut out the terms and definitions on Resources C and D, shuffle them and put them into separate envelopes or folders labelled C and D.
- Explain to the pupils that they're now going to see if they can remember the terms and their definitions from Activity 2.
- Divide the pupils into pairs and decide who will be Pupil C and Pupil D in each pair.
- For each pair, give Pupil C envelope C and give Pupil D envelope D.
- Ask Pupil D to read out the definitions, one at a time, to Pupil C.
- As Pupil D reads out each definition, Pupil C must pick out the correct term matching the definition and place it on the desk, as quickly as they can, until all terms and definitions are matched.
- Then ask the pupils to swap roles, allowing Pupil C to read the definitions and Pupil D to provide the correct term.
- You could also vary this activity by:
  - timing each pupil within the pair to correctly match all definitions; or
  - asking one pupil to read out the definitions to a group of two or three other pupils who race each other to place the correct term on the desk for each one.
- To make this activity easier, you could give your pupils a smaller number of terms and definitions to match.



#### Activity 4

##### Class discussion

- In groups, ask the pupils to discuss ideas for how these terms could be used so that everyone feels included and welcome in their school.
- Ideas could include:
  - using these terms in lessons and in school documentation;
  - having an assembly on LGBTQ+ identities; and
  - celebrating LGBT+ History Month.
- When the groups have finished, discuss their ideas as a class.



#### Activity 5

##### Review of learning intentions

It's important that pupils have opportunities to reflect on their learning. You can choose from a range of methods detailed in our [Active Learning and Teaching Methods for Key Stage 3](#) resource, such as:

- Dartboard Evaluation
- Graffiti Board
- Fist-to-Five
- KWL (Know – Want to Know – Learned) Grid
- Post-It Collection
- Think, Pair and Share.

**RESOURCE A:**  
**LGBTQ+ TERMS**

Term	Definition
LGBTQ+	An abbreviation that stands for lesbian, gay, bisexual, transgender, queer (or questioning) and others
Asexual	Someone who is not interested in sexual activity with anyone
Gay Man	A man who is attracted to another man
Bisexual	Someone who is attracted to both males and females
Non-Binary	A gender that is not exclusively male or female (also known as gender queer)
Pronoun	A word we use to refer to someone else in the third person – someone who is transgender may choose to be referred to by a word that does not match their assigned biological sex at birth
Lesbian	A woman or girl who is attracted to another woman or girl
Transgender Woman	Someone who was assigned male at birth but identifies as a woman
Transgender Man	Someone who was assigned female at birth but identifies as a man
Cisgender	Someone who identifies as their assigned biological sex at birth
Pansexual	Someone who is not limited in sexual choice based on biological sex, gender or gender identity
Heterosexual	Someone who is attracted to the opposite sex (also known as straight)



**RESOURCE B:**  
**LGBTQ+ TERMS (CORRECT ANSWERS)**

Term	Definition
LGBTQ+	An abbreviation that stands for lesbian, gay, bisexual, transgender, queer (or questioning) and others
Asexual	Someone who is not interested in sexual activity with anyone
Gay Man	A man who is attracted to another man
Bisexual	Someone who is attracted to both males and females
Non-Binary	A gender that is not exclusively male or female (also known as gender queer)
Pronoun	A word we use to refer to someone else in the third person – someone who is transgender may choose to be referred to by a word that does not match their assigned biological sex at birth
Lesbian	A woman or girl who is attracted to another woman or girl
Transgender Woman	Someone who was assigned male at birth but identifies as a woman
Transgender Man	Someone who was assigned female at birth but identifies as a man
Cisgender	Someone who identifies as their assigned biological sex at birth
Pansexual	Someone who is not limited in sexual choice based on biological sex, gender or gender identity
Heterosexual	Someone who is attracted to the opposite sex (also known as straight)

RESOURCE C:  
**GENDER SNAP (TERMS)**

<b>LGBTQ+</b>	<b>Asexual</b>	<b>Gay Man</b>
<b>Bisexual</b>	<b>Non-Binary</b>	<b>Pronoun</b>
<b>Lesbian</b>	<b>Transgender Woman</b>	<b>Transgender Man</b>
<b>Cisgender</b>	<b>Pansexual</b>	<b>Heterosexual</b>



RESOURCE D:  
**GENDER SNAP (DEFINITIONS)**

An abbreviation that stands for lesbian, gay, bisexual, transgender, queer (or questioning) and others	Someone who is not interested in sexual activity with anyone	A man who is attracted to another man
Someone who is attracted to both males and females	A gender that is not exclusively male or female (also known as gender queer)	A word we use to refer to someone else in the third person – someone who is transgender may choose to be referred to by a word that does not match their assigned biological sex at birth
A woman or girl who is attracted to another woman or girl	Someone who was assigned male at birth but identifies as a woman	Someone who was assigned female at birth but identifies as a man
Someone who identifies as their assigned biological sex at birth	Someone who is not limited in sexual choice based on biological sex, gender or gender identity	Someone who is attracted to the opposite sex (also known as straight)

