

## Resource 6 (Activity 4)

# Reasons Some Teens Say 'Yes' To Sex

Put a ✓ at the start of the phrases that you consider to be good reasons for saying 'yes' to sex before marriage.

Put a ✗ at the start of the phrases that you consider to be wrong reasons for saying 'yes' to sex before marriage.

- It is part of loving
- Curiosity
- Everybody else is 'doing it'
- It's fun
- To get 'experience'
- To show how grown up they think they are
- To show-off to friends
- To get pregnant
- To please
- To experiment
- It is natural
- To release sexual tension
- Because they are drunk
- Afraid of losing their boy/girlfriend

## Resource 7 (Activity 4)

# Reasons Some Teens Say 'No' To Sex

✓ Tick the phrases that you consider to be good reasons for saying 'NO' to sex before marriage.

- You're not ready to make a permanent commitment or to be with just one person
- The other person might have AIDS or STIs
- You don't want to risk pregnancy
- You believe it is a sin
- You are afraid or embarrassed
- You respect the other person too much
- You feel you are being pressurised
- You feel that it is wrong
- Your parents would be angry if they found out
- You don't want to get that involved yet
- You really respect others feelings
- You're afraid of being rejected or feeling used afterwards
- You've had bad sexual experiences before
- You think it might ruin your future plans
- You don't want to offend God
- You want to save your virginity for marriage
- You are afraid of someone finding out
- You don't want to lose the respect of the other person
- You know you'd feel guilty about it
- The other person is drunk or high
- The other person is putting too much pressure on you
- You don't want to spoil your reputation
- You don't have proper protection
- Your religion teaches that it is wrong to do it

## Resource 8 (Activity 4)

# Consequences Of Saying 'Yes' Or Saying 'No'

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Study the following possible consequences of saying YES or saying NO to sex.

I felt valued

I caught a STI

I has to give up school

I felt used

I got pregnant

I was dumped

I was made fun of

My parents were disappointed

Our relationship is better

I felt guilty

I kept my self respect

Complete Resource 9 by using the phrases above, some phrases can be used more than once.

Can you think of any other consequences of saying 'yes' or 'no' to sex? If so write it in one of the boxes.

## Resource 9 (Activity 4)

# Consequences Of Saying 'Yes' Or Saying 'No'

Fill in the boxes using the phrases from Resource 8 and add your own ideas.

### Consequences of saying 'Yes' to sex

### Consequences of saying 'No' to sex