

Resource 3 (Activity 3)

How Much Risk is Involved?

Look at the words below and decide how 'risky' the activity is. What adds to the risks involved? How could these risks be reduced?

Skiing

Sneaking out of
the house at night

Skateboarding

High Medium Low

High Medium Low

High Medium Low

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Playing with
friends

Taking
medication

Taking alcohol
from the house

High Medium Low

High Medium Low

High Medium Low

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Cycling

Getting into a
17 year old's car

Going Shopping

High Medium Low

High Medium Low

High Medium Low

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Resource 4 (Activity 3)

Personal Reflection on Risk Taking

For the activities mentioned in the box below, record the potential positive and negative outcomes from these activities in terms of the risk involved. Add some more activities of your own.

activity	positive outcomes	negative outcomes	high/medium/low risk
Making new friends			
Taking a cigarette in school			
Sticking up for your friend who is being bullied			
Telling the teacher when someone has done something seriously wrong or dangerous			
Throwing all your team up in attack in the last minute of a semi-final when the score is level.			