

Resource 3 (Activity 2)

Who Is Responsible?

For each statement below, decide if it is the responsibility of the individual involved, their friends, their parents, or their teacher. If you think it is the responsibility of more than one of these categories, then put number 1 for the most responsible, number 2 for the next, and so on.

	Individual	Parents	Friends	Teacher
Getting homework done				
Wearing the correct uniform				
Stopping their disruptive behaviour in class				
Choosing subjects to study				
Passing exams				
Getting to places on time				
Remembering when a dental check-up is due				
Keeping safe				
Keeping physically healthy				
Keeping emotionally healthy				
Choosing friends				
Hairstyle				
What to wear				
What to eat				
Looking after pets				
Making sure uniform is washed and ready				
Considering how their behaviour effects other people				
Deciding whether they like someone or not				
Deciding whether to be nice to someone or not.				
Keeping commitments to others				

Resource 4 (Activity 2)

Personal Responsibility Cards

<p>1. 'I'll get some help with this.'</p>	<p>2. 'It's not fair.'</p>	<p>3. 'You gave a great presentation. Well done.'</p>
<p>4. 'How can I ever be happy when my life is so bad?'</p>	<p>5. 'There's no point because it makes no difference what I do, everything stays the same!'</p>	<p>6. 'I'm sorry.'</p>
<p>7. 'I never asked to be born!'</p>	<p>8. 'It's my parents' fault, and I can't do anything about the influences of my past.'</p>	<p>9. 'I'll show them that I can do it, even if they think that I can't.'</p>
<p>10. 'I'm not joining in because I don't agree with how you are treating her.'</p>	<p>11. 'I know I feel angry when I can't do something.'</p>	<p>12. 'It's her fault, she doesn't care about me.'</p>
<p>13. 'Now what are you going to do to sort it out?'</p>	<p>14. 'Why should I bother?'</p>	<p>15. 'Where's my alarm clock? I need to get myself up early tomorrow.'</p>
<p>16. 'I checked the bus timetable, we need to be at the bus station by 3pm.'</p>		

Resource 5 (Activity 2) Personal Charter

My hope or aspiration

I want to achieve this because...

In order to achieve this, I need to be responsible for...

I can get help from...
