

Resource 3 (Activity 3)

Decision Making Styles Cards

It feels right.

You follow your gut feeling about the situation - you decide what is best by how you feel.

Wait and see.

You put your decision off for as long as possible. You hesitate.

Go along with others.

You follow a popular trend. You make decisions in response to others.

Leave it to chance.

You toss a coin or use some similar way to let chance decide what you do.

Least risk.

You think of the options and the risks involved and take the alternative with the least risk. You play safe.

On impulse.

You follow whatever come into your head. You do not think through the issues.

Think it through.

You look at the options, the pros and cons and weigh things up carefully.

Resource 4 (Activity 3)

Decisions, Decisions! (1 of 3)

Read the scenarios below, think about what decision you will make and how you go about making that decision. Decide which style of decision making you would use in each case and then tick the relevant column in the table. Consider the consequences of using this particular decision making style. You can also add your own real life decisions to the table.

Scenario

1. You go down to the local shop to buy a packet of crisps and there are two new flavours. Which flavour do you pick? How do you decide?

2. You are at a fun fair and only have enough money for one more ride. You want to go on the Ferris Wheel but your friends want to go on the Big Dipper which you don't like as it makes you feel sick. You don't want the others to know this. What will you do? How do you decide?

3. You and a group of friends are standing at the bus stop waiting for the bus which is now 15 minutes late and it's raining! A car pulls up and the driver offers you all a lift. You recognise him as a boy who lives near you but also know that he has already been stopped several times for speeding and has a reputation for reckless driving. Your friends all want to take the lift because they are soaking wet. What will you do? How do you decide?

Resource 4 (Activity 3)

Decisions, Decisions! (2 of 3)

4. Your favourite TV programme is coming on but you have coursework for 9am tomorrow morning which will take up most of the night.
What will you do? How do you decide?

5. You have to choose subjects for GCSEs. Two of the subjects you want to take are in the same subject block so you can only pick one.
What will you do? How do you decide?

6. You are at a house party with a group of friends when a crowd of older people arrive including the person you have fancied for some time! She/he comes over and starts chatting to you. Everything seems to be going well when one of the group comes over and offers him/her a puff of a joint. The joint is then passed to you. You don't smoke and have strong feelings about taking drugs. The crowd are looking at you and waiting...
What will you do? How do you decide?

Resource 4 (Activity 3)

Decisions, Decisions! - Table (3 of 3)

<p>Possible outcomes</p>	
<p>Decision making styles</p>	
<p>Describe Decision</p>	

Resource 5 (Activity 3)

Prompt Questions - How Do I Make Decisions?

How do you make decisions?

- What were the outcomes of some of the decisions you made in the past few months?
- Are there any situations in which the outcomes from your decisions were unsatisfactory?
- Might other styles have been more helpful or appropriate?
- What have you learnt about yourself and the way in which you make decisions?
- In the light of what you have learned, are you more aware of how you make decisions?
- If the way in which you make a decision has altered in the light of what you have discovered, how would you now try to make decisions and why?

