

Resource 9 (Activity 5)

Why Do People Misuse Drugs?

the desire for pleasure	influence of friends/ peer pressure	curiosity
to feel grown up	to establish independence	as an expression of rebellion
to escape from reality	pain	certain personality types
difficult home backgrounds	a response to loneliness	boredom
unemployment	low self-esteem or lack of confidence	difficulties with relationships

We can summarise these into 2 broad categories:

- 1 To be part of a social group or occasion.
- 2 To escape and distance ourselves from others, pain or difficulties.

Which group do you think each of the reasons belong to?