

Unit 3

Helping Someone Else



Learning Outcomes

Pupils will be able to:

- develop an awareness of the importance of helping others in a medical emergency;
- recognise some signs that someone needs help;
- identify specialist people who will help them in an emergency; and
- recognise some of the equipment and supplies used to help a casualty.



Resources

- Sorting cards – Who needs help? Who brings help? Which person is helping? What equipment might I need?
- PowerPoint Presentation
- Cards displaying image of phone and 999 and 112 emergency numbers



Teaching Notes

Key vocabulary: Cut, blood, plaster, ambulance, bandage, first aid, medicine, doctor, sore, heart attack, nurse.

Begin by telling pupils:

Anyone can get hurt, get something stuck in their throat, have a heart attack or collapse in cardiac arrest at any time or in any location or situation.

If they don't get help fast, they could become very ill or even die.

Use the PowerPoint presentation to help pupils recognise the signs of someone needing help. Reinforce this learning through sorting the large, printed versions of the images.

Use the PowerPoint presentation to discuss who needs help and who brings help when a person is hurt or ill. Reinforce this learning through sorting the large, printed versions of the images.

Finally, discuss the different types of equipment and supplies used to help someone who may be injured or in need of emergency help. Use the images on the presentation to start the activity or, if you have these items in the school, you could show them the real-life versions. Depending on level of pupils' understanding, discuss what each piece of equipment might be used for.

Role play calling for help and phoning the emergency services using 999 and 112 cards.