

# SEN POST-PRIMARY LINKS



Parents/Carers may find these useful

**Note:** You should review these resources and links before use to check if they are appropriate for your pupils and in line with your school's ethos and RSE policy.

## GENERAL



### [Ineqe Safeguarding Group – Coronavirus: Explained using Images and Makaton](#)

In this video, a special educational needs advisor from Belfast-based organisation Ineqe uses Makaton to explain coronavirus and emphasise the importance of washing your hands.



### [Mencap – Sexuality and relationships FAQs](#)

These frequently asked questions can be useful for parents, carers and teachers of learners with SEN. They cover topics such as talking about sex and relationships, and laws on capacity and sexual abuse.



### [Mencap – Sexuality and relationships resources](#)

This list of resources, sources of information and guidance on sexuality and relationships is aimed at learners with SEN, as well as their parents, carers and teachers.

### [NSPCC Learning – Love Life: resources for young people with learning disabilities](#)

Aimed at young people aged 11–25 with learning difficulties, these films and supporting resources can help them learn strategies for staying safe as they grow up and gain independence.

### [NSPCC Learning – Podcast: supporting young people with learning disabilities](#)

This podcast about the NSPCC's Love Life resources explains how adults can use them to help young people with SEN learn about emotions, relationships and identity.

### [Middletown Centre for Autism](#)

The Centre provides training, research, learning support, assessment and resources to help educate children and young people with autistic spectrum disorders throughout Northern Ireland and Ireland.

### [BBC Two – Personal, Social and Health Education for SEN](#)

Aimed at young people aged 12–16 with severe learning difficulties, these animated clips cover topics like personal care, puberty, and personal space and boundaries.



### [Living Well With Autism – Social Stories: Appropriate Behaviors](#)

Parents and carers can use these printable social stories to help them discuss appropriate behaviours with their children.

### [BBC Bitesize – PSHE for SEN class clips](#)

These video clips for learners with SEN cover topics like coping with being bullied, dealing with feelings and knowing who your friends are.

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## [DO... - Sex and relationships education](#)

This website offers lesson guidance, plans and materials on topics such as relationships, love and consent that teachers can adapt for their learners with SEN.

## [Sex Education Forum](#)

This website, which requires a subscription, features teaching resources, advice and guidance, and a resource list for learners with SEN.

## [Lincolnshire County Council – Resources to Support RSE Planning for Children and Young People with Special Educational Needs](#)

Covering Key Stage 1 to Key Stage 4, this reading list features books and resources that can help teachers deliver RSE to learners with SEN.

## [NSPCC Library Online – Love. Life. reading list](#)

Featuring topics such as safety and consent, this reading list of books can help teachers deliver RSE to learners with SEN.

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## HEALTHY, POSITIVE SEXUAL EXPRESSION AND RELATIONSHIPS

### [NSPCC Learning – Promoting healthy relationships: Children and young people with SEND](#)

This page features tips and resources for teaching learners with special educational needs and disabilities (SEND) about healthy relationships.

### [Tes – Sex and Relationships](#)

Featuring a lesson plan and worksheets, this resource can help learners with SEN understand characteristics of healthy relationships and the basic mechanics of sex.

### [Love for Life – School programmes for children and young people with Special Educational Needs](#)

This Northern Ireland charity delivers programmes for learners with SEN on topics such as healthy relationships and saying no with confidence.

### [Twinkl – What Are Healthy and Unhealthy Boundaries? Worksheet](#)

Teachers can use this resource to help learners with SEN make good choices in relationships and understand healthy and unhealthy boundaries.

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## CONSENT

### [Tes - \(8/9\) Relationship, Sex and Health Education \(RSHE KS3\) Consent](#)

This PowerPoint presentation covers consent using the NSPCC PANTS video and template in a format that's suitable for learners with SEN.

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## DOMESTIC AND SEXUAL VIOLENCE AND ABUSE

### [Tes - Healthy Relationship Programme - KS2 \(domestic violence and abuse prevention theme\)](#)

Aimed at Key Stage 2 but also suitable for other learners with SEN, this resource includes four lesson plans and a storybook about domestic violence.

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## INTERNET SAFETY

### [Childnet International - STAR SEN Toolkit](#)

This resource, which is aimed at learners with SEN in Key Stages 2 and 3, covers topics such as keeping personal information safe online and the trustworthiness of content and contact online.

### [Tes - Online Safety - Screen Time](#)

Covering internet safety and the dangers of excessive screen time, this resource features differentiated activities, worksheets and video clips.

### [Tes - Top 5 Internet Safety Tips for 7 to 12 Year Olds](#)

This poster features internet safety tips from antivirus software manufacturer Norton.



### [UK Safer Internet Centre - Supporting young people with SEND online](#)

Aimed at parents and carers of children with SEND, this article covers topics such as online communication, online friendships and appropriate online behaviour.

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## LGBTQ+

### [Stonewall - Getting Started toolkit \(Secondary Schools\)](#)

This toolkit can help post-primary schools prevent and tackle homophobic, biphobic and transphobic bullying.

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## [Trans Student Educational Resources – The Gender Unicorn](#)

Like the Genderbread person, this graphic aims to show the distinction between gender, sex assigned at birth and sexuality. This page also features a link to a blank version of the graphic that learners could colour in.

## [LGBT Health and Wellbeing – Learning Disabilities and Difficulties](#)

This page features a 'What is transgender?' information booklet and a resource list, which are both aimed at learners with SEN.

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## SOCIAL MEDIA

### [Tes – Social Media and Staying Safe Online](#)

Teachers can use this resource to help learners with SEN develop knowledge of social media, who to trust online and how to behave online.

### [Childnet International – Be Safe and Smart Online](#)

Created in partnership with the National Deaf Children's Society, teachers can use these lesson plans on cyberbullying, safe social networking and sexting to help learners with SEN stay safe online.

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## CONTRACEPTION

### [Twinkl – PSHE and Citizenship – Y6 Growing Up – Lesson 5: Let's Talk about Sex Lesson Pack](#)

Featuring a lesson plan and differentiated worksheets, this resource can help learners with SEN understand what a sexual relationship is and who can have one, and what sexually transmitted infections are and how to prevent them.



### [FPA – Contraception: a guide for people with learning disabilities](#)

This guide to contraceptive choices, which currently costs £3.99, is designed for people aged 16 and over with a range of learning disabilities. The guide should be used with the support of a family member, carer or teacher.

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