

How my Food Differs from that of a Child Mill Worker

How does your food differ from that of Victorian mill children?

How my food differs from that of a child mill worker:

Meal	Twenty-first Century	Nineteenth Century
Breakfast		
Break		
Lunch		
Break		
Dinner		

How do you think this diet impacted on the health of nineteenth-century mill working children? (You may wish to research illnesses that children often got.)