

# WHAT CAN WE LEARN FROM RELIGIONS?

## ISLAM - QUR'AN 49:11

'Believers, no one group of men should jeer at another, who may after all be better than them; no one group of women should jeer at another, who may after all be better than them: do not speak ill of one another.'

## ISLAM - QUR'AN 49:12

'Believers, avoid making too many assumptions...'

## BAHÁ'Í- BAHÁ'U'LLAH

'You are all leaves of one tree and the fruits of one branch.'

## SIKHISM - SRI GURU GRANTH SAHIB

'Create enmity with no-one as Lord abides within all.'

## BUDDHISM - DALAI LAMA

'From my own limited experience I have found that the greatest degree of inner tranquillity comes from the development of love and compassion.'

## SIKHISM - SRI GURU GRANTH SAHIB

'Do not harbour evil intentions against others in your mind, and you shall not be troubled, O Siblings of Destiny, O friends.'

## BUDDHISM - TIPITIATAKA

'These two are fools. Which two? The one who doesn't see his/her transgression as a transgression, and the one who doesn't rightfully pardon another who has confessed his/her transgression. These two are fools.'

These two are wise. Which two? The one who sees his/her transgression as a transgression, and the one who rightfully pardons another who has confessed his/her transgression. These two are wise.'

## HINDUISM - BHAGAVAD-GITA 2:61

'One who restrains his senses and fixes his consciousness upon Me is known as a man of steady intelligence.'

## CHRISTIANITY - MATTHEW 5:44

'Love your enemies and pray for those who persecute you.'