

## Resource 3: Songs and Rhymes

**Action:** Everyone forms a circle around the parachute. Beginning with verse one the parachute is waved gently down low, slightly higher and bouncier for verse two, waist-height and waving strongly for verse three until floating high in a mushroom movement for verse four. With repetition learners will come to anticipate the increased movement and volume of the parachute.

### Over the Waves

I climbed aboard a pirate ship, and the Captain said to me  
‘I go this way, that way, forwards, backwards over the Irish sea  
Treasure in a sunken ship at the bottom of the sea (verse 1)  
Mermaids swimming through the foam on the blue green sea (verse 2)  
Roaring winds and crashing waves, danger out at sea (verse 3)  
Thunder and lightning in the sky as far as the eye can see (verse 4)  
Over the waves we go, yes that’s the life for me!’

**Action:** Collect a selection of pirate hats, long wigs and feather headbands and give one to each learner. All chant the rhyme together with the parachute rumbling in time down low. At the end the teacher shouts ‘Pirates’, ‘Mermaids’ or ‘Parrots’ and the parachute is mushroomed high in the air. Anyone with the corresponding headpiece has to swap places under the parachute.

Are you a Pirate, on the ship?  
Are you a mermaid, in the sea?  
Are you a parrot, on Captain’s shoulder?  
It’s a Pirate’s Life for Me!

**Action:** Everyone waves the parachute down low while singing the song to the tune of ‘Michael Finnegan’. With each number sung, throw a ‘treasure’ on the parachute. On ‘Yo Ho Ho!’ pop the parachute so that all the treasures fly up in the air.

One shiny two shiny three shiny treasures  
Four shiny five shiny six shiny treasures  
Seven shiny eight shiny nine shiny treasures  
Ten shiny treasures in the treasure chest!

**Action:** Move learners in so that they are underneath the parachute. Move the parachute slowly up and down above their heads while gently singing the cool-down song to the tune of ‘Twinkle, Twinkle, Little Star’.

### Yo Ho Ho!

Hoist the colours! Fly them high  
Jolly Roger streaks the sky  
Colours red and gold and black  
Captain Hook and Captain Jack  
Pirates, mermaids, parrots too  
Sailing on the ocean blue.