

# PRIMARY LINKS

# HEALTHY RELATIONSHIPS



Parents/Carers may find these useful

**Note:** You should review these resources and links before use to check if they are appropriate for your pupils and in line with your school's ethos and RSE policy, as approved by the Board of Governors.

## GUIDANCE



### [Parents Protect! – Traffic Light Tools for Parents, Carers and Professionals](#)

These leaflets can help adults to recognise and respond to children's age-appropriate behaviours and support the development of healthy sexual behaviour.

## BACKGROUND INFORMATION

### [Tes – The Puberty Issue: Sex Educational Supplement](#)

This resource includes information on how the adolescent brain develops during puberty and using art to express the emotional aspect of puberty.

## TEACHING RESOURCES

### [FPA – Growing up with Yasmine and Tom](#)

This online teaching resource (which costs £299 for the first year and then £99 a year) covers topics like relationships and managing our feelings, and features lesson plans and whiteboard activities aimed at pupils aged 5–11.

### [Love for Life – What's Inside?](#)

This interactive programme is designed for pupils in Year 7. It aims to equip them to deal with change, including the changes that come with puberty, and to build and maintain healthy and positive relationships.

### [NSPCC Learning – Childline posters and wallet cards](#)

The posters and cards on this page can encourage children to contact Childline if they need to talk.

### [NSPCC Learning – Primary AGENDA: Supporting children to make positive relationships matter](#)

This resource can help teachers empower pupils aged 7–11 to make positive relationships matter in their schools and communities.

### [Solihull Metropolitan Borough Council – Happy and Safe Relationships](#)

Aimed at primary school pupils, this unit of learning can help teachers to address relationships and personal safety, both online and offline.

### [Tes – Building positive relationships at primary](#)

The resources on this page can help pupils to recognise emotions, develop empathy and get along with their peers.

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### [Twinkl - What Does a Healthy Relationship Look Like? Activity Cards](#)

These cards can help pupils to examine healthy sexual relationships and friendships, and what an unhealthy relationship might look like.

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