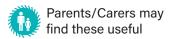
POST-PRIMARY LINKS SOCIAL MEDIA



Note: You should review these resources and links before use to check if they are appropriate for your pupils and in line with your school's ethos and RSE policy.

BACKGROUND INFORMATION

BBC News - Dua Lipa: 'Social media a breeding ground for hate'

This news article from November 2019 can help pupils understand the potential impact of negative social media comments and the importance of being kind online.



Common Sense Education - 11 Social Media Red Flags Parents Should Know About

Aimed at parents, this article covers the most common social media red flags, the apps they're found in and tips for dealing with them.

Common Sense Media - Social Media, Social Life: Teens Reveal Their Experiences

This American report is based on a survey of 13–17 year olds and includes information on how social media affects their social and emotional well-being.



Dove - How does social media affect teens?

Including advice for limiting social media's influence, this article explores what teenage girls love and hate about social media.

<u>Sundance Canyon Academy - Social Media's Impact on Self-Esteem and its Effects on Teens</u> Today

The pupil-friendly graphics on this page outline the problems that social media has created for young people.

The Spark - Relationships and Social Media

Including tips like think before you post, this article looks at how to enjoy the benefits of social media without harming relationships.

<u>University of Birmingham - The Impact of Social Media on Young People's Health and Wellbeing:</u> Evidence, Guidelines and Actions

This report includes video case studies and information on how young people engage with health-related content on social media and the impacts on their understandings and behaviours.



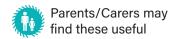
<u>Verywell Family - Signs Social Media is Ruining Teen Friendships</u>

This article includes advice for parents and carers on talking to their children about the ways social media can damage their friendships.

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RELATIONSHIPS +SEXUALITY EDUCATION

POST-PRIMARY LINKS SOCIAL MEDIA



KEY STAGE 3 TEACHING RESOURCES

<u>Common Sense Education - Chatting Safely Online: How do you chat safely with people you meet online?</u>

These American resources can help pupils analyse how well they know the people they interact with online and reflect on what information is safe to share with online friends.

MediaSmarts - Promoting Ethical Behaviour Online: My Virtual Life

Covering topics like moral dilemmas about posting and sharing personal material, this lesson plan can help pupils to manage their privacy and reputation online.

Tes - Effects of Social Media on Relationships

This resource for Year 8 pupils focuses on the benefits and drawbacks of social media and how it can affect relationships and self-esteem.

KEY STAGES 3 AND 4 TEACHING RESOURCES

Dove - Self-esteem school resources: Confident Me

Aimed at pupils aged 8–16, these teaching materials include videos and worksheets that cover topics like the impact of social media, celebrity culture and advertising.

Media Smart - Social Media Resources

This resource can encourage pupils to think more deeply about topics like their relationship with social media sites, their sponsors and advertisers.

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