

POST-PRIMARY LINKS DEVELOPMENTS IN CONTRACEPTION



Parents/Carers may
find these useful

Note: You should review these resources and links before use to check if they are appropriate for your pupils and in line with your school's ethos and RSE policy.

BACKGROUND INFORMATION

[Body Talk - What Contraception Suits Me?](#)

This page features information on contraception methods and covers topics like how they work, their effectiveness and possible side effects.

[Brook - Contraception](#)

Brook's page covers topics like fertility awareness methods and what to do if something goes wrong with contraception.

[NHS - What is contraception?](#)

This page includes details about different contraception methods and where to get contraception.

[Sexual Health Sheffield - Long-Acting Contraception Methods](#)

This page features information on contraception methods, like the implant and injection, and explains their advantages and disadvantages.

[The Telegraph - Male contraceptive pill is safe to use and does not harm sex drive, first clinical trial finds](#)

This 2018 article about the male pill also includes information on other contraception innovations like the contraceptive chip.

[World Health Organization - Family planning/contraception methods](#)

Published in 2020, this fact sheet features information on the benefits of family planning/contraception and describes modern and traditional contraception methods.

KEY STAGES 3 AND 4 TEACHING RESOURCES

[Love for Life - School Programmes](#)

This charity's Icebergs and Babies (Years 10 and 11), Dating and Mating (Year 12) and Sex Drive (Years 13 and 14) programmes for post-primary schools cover topics such as contraception, teenage parenting and unplanned pregnancy. They encourage young people to make informed and healthy choices that reflect their value and worth.

[Tes - Contraception Methods](#)

This resource, which costs £2.00 and is aimed at pupils in Key Stages 3 and 4, includes a presentation and contraception word search.

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KEY STAGE 4 TEACHING RESOURCES

[B4uDecide.ie - RSE Resources](#)

This page includes links to resources such as The Facts DVD, which features interviews with experts on contraception, and leaflets on contraceptive choices.



[Sexwise - Contraception](#)

These pages include pupil-friendly information covering topics like different contraception methods and emergency contraception.

[Sexwise - Resources](#)

The FPA's resources include guides to the different contraception methods and booklets about sexually transmitted infections.

[FPA - Your Guide to Contraception](#)

This leaflet, which costs £9.49 for a pack of 50, explains how different contraception methods work, how effective they are and their main advantages and disadvantages.

[FPA - The classroom pack](#)

This resource, which currently costs £137.90, includes a set of five young people's booklets and a contraceptive display kit that can facilitate thinking and talking about different methods of contraception.

[Tes - Methods of Contraception: Lesson and Resources for Key Stage 4](#)

Featuring a presentation and worksheets, this resource can support a lesson on contraception methods.

SUPPORT ORGANISATION

[Common Youth](#)

Common Youth (formerly Brook Belfast) offers free, confidential sexual health advice for under 25s.

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