



LESSON PLAN

CURRICULUM/SYLLABUS AREA: Personal Development/RSE	LESSON TITLE/TOPIC: Sextortion / Sharing intimate images online	DURATION: 60 minutes
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LEARNING INTENTIONS:

- Pupils will understand what the term “Sextortion” means
- Pupils will be given advice on how to **prevent** themselves becoming a victim and will learn how to **recognise** the pressures that may be placed on them to send/share images or videos of a sexual/intimate nature online.
- Pupils will be given advice on what to do to stay safe, how to prevent themselves becoming a victim and what to do if this happens to them.

TIME	ACTIVITY	RESOURCES
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INTRODUCTION:

10 mins	<p>Thought Cloud/Think Pair-Share Write the phrase “sextortion” on the board and give each pupil a post-it note to write down what this word means to them. In pairs, they will then discuss this and agree on a definition. Each pair will post their definition on the board for discussion.</p>	<p>White Board Post-Its</p>
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DEVELOPMENT:

5 mins	<p>Watch BelnCtrl video on sexting and influences produced by Webwise https://vimeo.com/831805569?share=copy Password: buiwrsvhbwq</p>	<p>Webwise video</p>
20 mins	<p>Group Task- Influences Using CCEA Resources A and B – Discuss the reasons why a young person may send a sexual image. Place these in rank order these starting with what they believe are the main reasons a young person would be influenced. Select the first and last reason as a class to form discussion. Following class discussion, show Slide 1 from the PSNI “What is Sextortion” slide- consolidate learning from the exercise above.</p>	<p>CCEA RSE Resources Unit 3 Resources A and B</p> <p>Slide 1 – Sextortion explanation slide (PSNI)</p>
25 mins	<p>Sexting Scenarios- “What to do if “ Divide the class into 2 groups and each group given a scenario card. Allow 10 minutes for each group to discuss the scenario, then bring the 2 groups together to jointly discuss and say what advice they would give in each case.</p> <p>KEY POINTS TO BE MADE:</p> <ul style="list-style-type: none"> ➤ These approaches are very professional in nature with the aim of blackmailing and potential distribution of images; ➤ Be careful who you accept invitations from; don’t get lured into compromising situations. Trust your instincts- end uncomfortable situations immediately; ➤ What goes online may stay online ➤ Update your social networking privacy settings – only let people you 	<p>Resource C “What to do if...” Scenario Cards</p>

	<p>PSNI “Who is at risk” slide-</p> <p>Officer (or teacher) to talk through the points contained in the slide</p> <p>Move through the remaining slides to explain who is committing these crimes, how to protect yourself and how to access help, advice and support.</p> <p>Use the Teaching Notes provided for slides 2-7 to ensure young people understand what to do should they find themselves in this position, and to encourage them to:</p> <ul style="list-style-type: none"> ➤ stop communication ➤ report the matter ➤ block communication channels but retain relevant information which may assist police 	Slides 2-6
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CONCLUSION

10 Mins	<p>Signpost Support- as noted in the PSNI slide in also refer to Trusted Adults/ School Pastoral Systems and Childline</p> <p>Closing Slide – Repeat of Slide 4 – How can you protect yourself</p>	<p>Sources of Support - Slide 7 – PSNI Powerpoint presentation</p> <p>Slide 8 (which is Repeat of Slide 4 – PSNI PPT presentation to close)</p>
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RESOURCES:

- <https://vimeo.com/831805569?share=copy> Password:buiwrshbwq
- [CCEA Resource Cards](#) (RSE Unit 3: Sexting)
- PSNI “What to do if...” Scenario cards
- PSNI Sextortion Powerpoint presentation