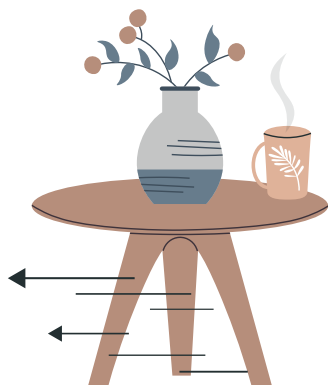


# Helping Someone Who is Having a Seizure

## Part A

Put these actions into the correct order, from 1 to 5, to show how you would help someone who was having a seizure.



Move any obstacles or furniture so the casualty does not hurt themselves.

Talk reassuringly to the casualty, even if they don't seem to hear you.



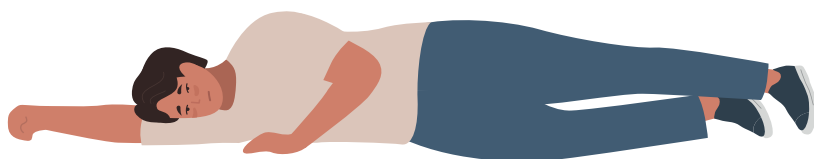
Move the casualty away from harm and place something soft, such as a coat, under their head to prevent injury.



 999/112

Call for help.

Place them into the recovery position.



## Part B

### True or False

1. You must restrain a person who is having a seizure.
2. You should only move the casualty if they are in danger.
3. To prevent a casualty swallowing their tongue, you should place an object such as a pencil in their mouth.
4. After a seizure, the casualty's muscles will begin to relax.
5. You should call an ambulance, even if the casualty has come out of the seizure.