



Book 5

Keep Going, Brenda

wise up and th!nk
Teacher Resources

Idea Bank 1 Talk about...

- **someone we admire or who inspires us**

Discuss the following:

- What are they good at?
- How are they good at it?

Role models can inspire us to aim for goals that we think are beyond us. They inspire us to go for it! People we know, celebrities, historical figures and fictional characters can be role models. What questions would we like to ask someone famous if we got the chance?

Idea Bank 2 Have a go at...

- **a to-do list**

Agree a to-do list with a teacher, parent or study-buddy to help set simple goals, for example *Things I need to do this week...*

Think of one goal, then break it down into small steps to help you to achieve it.

- **talking and agreeing**

Create a 'Stuck Board' for a learning wall in the classroom that helps you to 'know what to do when you don't know what to do'.

- **keeping a learning 'blog'**

Discuss:

- what you've done in class that day;
- what you found easy/difficult/interesting; and
- what you felt about some of the things you were doing.

Idea Bank 3 Investigate...

- **journeys and distance**

Find out:

- how far away Canada and Iceland are, and similarities and differences with Northern Ireland;
- about animals that have to migrate because of changes in the weather;
- why people made great journeys, creating a multimedia collage based on famous journeys; and
- how the stars have acted as signposts for explorers and journey-makers in the past.

Useful Websites (click on the titles to follow the link)

Wildfowl & Wetlands Trust (WWT) – Castle Espie, County Down

Castle Espie is set on the banks of Strangford Lough and is where almost the entire population of light-bellied Brent geese reside during the winter months. This website includes information about Brent geese and other species. There is also information about the reserve, events and how to plan a visit. Visit the sustainable garden at Castle Espie and think about implications for your school grounds.

BBC Supergoose

Follow the incredible journey of 10 Brent geese in winter on their 8000 km migration from Ireland to Canada and back.

Royal Society for the Protection of Birds (RSPB)

Look at the birds that you have in your garden or around your school, and find out how to take part in the world's biggest bird survey.

Armagh Planetarium

Find out about education programmes and outreach opportunities to learn about the clues in the sky that assisted navigation in the past.

The Verbal Arts Centre

Here you will find information about programmes that promote storytelling in the classroom.