





Attention Autism Emotions Planner	Stage 1 Bucket toys	Stage 2 Attention builder	Stage 3 Turn Taking with a focus on self-regulation	Stage 4 Shift attention and reengage.	Resources	Language used *Makaton *Communication boards *Spoken words
Week 1	Exciting box toys	Our emotions Toilet roll tubes-Fizzy Rolls 	Self-regulation- Flying a kite turn taking		Toilet rolls Pen Glitter Food colouring Vinegar Baking soda	Red ready Yellow steady Green go Blue Angry Sad Worried Happy Drip pour
Week 2	Exciting box toys	Emotion face splat 	Self-regulation bouncing on a ball. <b>" I'm bouncing up and down, I'm bouncing up and down, 1,2,3,4,5 I'm bouncing up and down."</b> X2 <b>I'm feeling nice and calm, I'm feeling nice and calm, 1,2,3,4,5, I'm feeling nice and calm</b> <b>(The Farmer wants the wife tune)</b>	Basic Zone Match, cut and stick-CIP sheet with 1 emotion face per zone.	Scissors Peanut ball Laminated CIP emotion face CIP emotion match sheets	See above Bounce 1,2,3,4..... Splat Feeling Nice calm
Week 3	Exciting box toys	Green Glitter Happy faces 	Self-regulating turn taking- <b>Blowing bubbles- Blow the bubbles, blow the bubbles, feeling better, feeling better, feeling calmer, feeling calmer, now I'm happy, now I'm happy.</b> <b>(Christmas pudding tune)</b>	Using Green glitter and cotton wool tips and glue to draw smiles onto the sad, angry and worried faces.	Bubbles Green glitter Tray Brushes Cotton wool buds Emotion faces-large Emotion faces- small for each child.	Feeling better Feeling calmer Happy Sprinkle Shake Look
Week 4	Exciting box toys	My emotions ZOR rainbow on a sponge. Blue/green/yellow/ red Draw a rainbow. 	Emotion bowling skittles with emotion faces Skittles are at the back of the room.  Use Communicate in print 3 to print out happy, sad, angry, worried, sick and stick them onto skittles- bowl and knock them over.  Say or sign emotion.	Create their own sponge rainbows following the direction you have given during Stage 2  These can go at display back left of classroom.	Sponges Paint trays Yellow paint Red paint Green paint Blue paint Skittles Ball Emotion faces on skittles	Emotion words-happy is green Red is angry Blue is sad Yellow is worried Sponge ready, steady, go