

# **PERSONAL DEVELOPMENT AND MUTUAL UNDERSTANDING**

## **FOUNDATION STAGE**

The minimum content for Personal Development and Mutual Understanding is set out below.

Teachers should enable children to develop knowledge, understanding and skills in:

### **PERSONAL UNDERSTANDING AND HEALTH**

Pupils should be enabled to explore:

- themselves and their personal attributes;
- their own and others' feelings and emotions;
- their dispositions and attitudes to learning;
- the importance of keeping healthy and how to keep safe in familiar and unfamiliar environments.

### **MUTUAL UNDERSTANDING IN THE LOCAL AND WIDER COMMUNITY**

Pupils should be enabled to explore:

- their relationships with family and friends;
- their responsibilities for self and others;
- how to respond appropriately in conflict situations;
- similarities and differences between groups of people;
- learning to live as a member of a community.

### **Progression**

As pupils progress through the Foundation Stage they should be enabled to:

- express a sense of self awareness;
- show some self control and express their own feelings and emotions appropriately;
- show a positive attitude to learning;
- adopt healthy and hygienic routines and understand how to keep safe;
- form good relationships with adults and other pupils;
- show independence and know when to seek help;
- show respect when working and playing together and recognise the need for rules;
- recognise similarities and differences in families and the wider community;
- be familiar with the interdependent nature of the class/school community.