

# **PERSONAL DEVELOPMENT AND MUTUAL UNDERSTANDING**

## **KEY STAGE 1**

The minimum content for Personal Development and Mutual Understanding is set out below.

Teachers should enable pupils to develop knowledge, understanding and skills in:

### **PERSONAL UNDERSTANDING AND HEALTH**

- their self esteem and self confidence;
- their own and others' feelings and emotions and how their actions affect others;
- positive attitudes to learning and achievement;
- strategies and skills for keeping themselves healthy and safe.

### **MUTUAL UNDERSTANDING IN THE LOCAL AND WIDER COMMUNITY**

- initiating and developing mutually satisfying relationships;
- responsibility and respect, honesty and fairness;
- constructive approaches to conflict;
- similarities and differences between people;
- developing themselves as members of a community.