



Go to www.ccea.org.uk/ef to download the most up-to-date version of the GCE Sports Science and the Active Leisure Industry specification.



Supporting You

We will be delivering a programme of support over the next three years with a focus on the applied nature of the qualification. We will also be listening to your feedback and suggestions for support so that we can make informed decisions to meet future needs.

In the summer and autumn terms this year (2013) we will be:

- holding support workshops focused on specific areas of the specification and the scheme of assessment (we will also post you out an invitation in advance of each event);
- providing a scheme of work; and
- providing fact sheets.

Beyond this you can expect:

- a student guide;
- more fact sheets/case studies;
- additional support workshops;
- information on industry/business links;
- online video tutorials.

We are also available to provide customised centre visits to meet individual support needs. To arrange a centre visit please contact us using the information opposite.

Contact

If you have a query or require advice or guidance, please contact:

Specification Support Officer

Arlene Ashfield
(028) 9026 1200 ext 2291
aashfield@ccea.org.uk

Getting Started

Whether you already teach an existing CCEA GCE specification, teach a similar specification with another awarding body, or are considering offering applied specifications for the first time, getting started couldn't be easier:

- Visit www.ccea.org.uk/ef to view the specification.
- Attend the support event for your subject.
- Contact your Specification Support Officer if you have any queries.
- Look out for your subject microsite coming soon.

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SPECIFICATION SNAPSHOT FOR CCEA'S NEW GCE SPORTS SCIENCE AND THE ACTIVE LEISURE INDUSTRY

For first teaching from September 2013

For first award of AS Level in summer 2014

For first award of A Level in summer 2015

**NEW APPLIED
SPECIFICATION**

A snapshot of CCEA's new GCE Sports Science and the Active Leisure Industry

Heads of Department or teachers of **Physical Education** and **Leisure Studies** may be interested in this new applied specification.

This new applied CCEA GCE Sports Science and the Active Leisure Industry specification builds on the objectives of the Northern Ireland Curriculum and Sport Matters: the Northern Ireland strategy for sport and physical recreation 2009–2019.

The active leisure industry covers the following five sub-sectors: Sport and Recreation, Health and Fitness, Playwork, the Outdoors, and Caravans. This specification concentrates on two of these: Sport and Recreation, and Health and Fitness.

Specification Summary

This new GCE in Sports Science and the Active Leisure Industry is an applied qualification in which students develop knowledge, understanding and skills through practical demonstration and/or in a context related to employability.

It combines elements of sports science/physical education and leisure studies and is designed to equip students with the knowledge and the range of skills required to work in the sports and active leisure industries.

Benefits to Students

The specification provides a sound basis for progression to further study and a range of interesting careers. It has been designed to help students:

- **develop** subject knowledge, understanding and skills in relation to a work context within the active leisure industry;
- **prepare** for continued development in further/higher education;
- **acquire knowledge** about the importance of technology to sport and physical activity in the active leisure industry;
- **participate** in research, evaluation and problem-solving skills in a work-related context;
- **understand** the reasoning behind different levels of fitness; and
- **plan, organise and evaluate** an active leisure event

Content and Assessment

Content	Content Summary	Assessment	Weightings	Availability
AS 1: Fitness and Training for Sport	<ul style="list-style-type: none"> • Components of fitness • Training methods • Fitness testing • Planning fitness programmes and leading exercise sessions • Safety and risk assessment • First aid 	Internal assessment <ul style="list-style-type: none"> • Portfolio showing written evidence of training methods, fitness assessment and planning, leading and evaluating exercise sessions, and risk assessment 	60% of AS 24% of A Level	Summer only (beginning in 2014)
AS 2: The Active Leisure Industry: Health, Fitness and Lifestyle	<ul style="list-style-type: none"> • The active leisure industry • Lifestyle and health • Nutrition for health and exercise • Components of fitness • The need for safety in the active leisure industry • Barriers to participation • Health of the nation and comparisons made to other European countries 	External assessment 2 hour examination paper <ul style="list-style-type: none"> • Short and extended questions • Stimulus response questions based on Health, Fitness and Lifestyle All questions are compulsory	40% of AS 16% of A level	Summer only (beginning in 2014)
A2 1: Event Management in Active Leisure Industry	<ul style="list-style-type: none"> • Introduction to the key components of the leisure industry • Choice of active leisure event linked to key components of leisure sport • Feasibility of the event • Teamwork • The event • Evaluating the event 	Internal assessment <ul style="list-style-type: none"> • Portfolio showing written evidence of planning for an active leisure event and evaluation of outcome 	36% of A Level	Summer only (beginning in 2015)
A2 2: The Application of Science to Sports Performance	<ul style="list-style-type: none"> • Respiratory system • Cardiovascular system • Skeletal system • Muscular system • Effects of exercise • Ethics in sports performance • Skill acquisition • Understanding learning and performance 	External assessment 2 hour examination paper <ul style="list-style-type: none"> • Short and extended answer questions • Stimulus response questions based on anatomy and physiology, skill acquisition, principles of learning and performance 	24% of A Level	Summer only (beginning in 2015)

As with all GCEs the guided learning hours for this specification are: **180 hours** for the Advanced Subsidiary Award, and **360 hours** for the Advanced Level Award

Entitlement Framework

The Entitlement Framework will offer more choice and flexibility for your students aged 14 and above. It will give them access to a wider range of learning opportunities suited to their needs, abilities and interests. We have expanded our portfolio of GCSE, GCE and QCF Level 1 and 2 qualifications to help centres meet the requirements of the Entitlement Framework. [Go to www.ccea.org.uk/ef](http://www.ccea.org.uk/ef) to view our range of new applied specifications.

Applied qualifications allow the learner to develop knowledge, understanding and skills through practical demonstration and/or within a context related to employability. (See DE Circular Number 2011/26 December 2011.)

We consulted widely to ensure that our new applied qualifications:

- are stimulating and rewarding for students;
- provide progression pathways into higher education and the world of work;
- develop the skills that employers need; and
- are relevant to our changing society, economy and environment.

During development and quality assurance of our new applied specifications, we consulted with a range of stakeholders including the Department of Employment and Learning, Department of Enterprise and Investment, employers, employer representatives such as Invest Northern Ireland, higher education, post-primary schools, sector skills bodies, subject associations, teacher training groups and universities.

Employers reviewed the specifications and agreed that they meet students' needs, as the content is up to date and relevant. They also felt the specifications provide opportunities for students to:

- **improve** their skills, be creative and demonstrate independent learning; and
- **realise and develop** skills relating to real-life work contexts through the learning and assessment methodologies.

ef@ccea – supporting you to meet the requirements of the Entitlement Framework.