



Rewarding Learning

General Certificate of Secondary Education
2023

Home Economics: Food and Nutrition

Component 2

Controlled Assessment Task

[G9522]

RELEASE DATE: SEPTEMBER 2022

FOR AWARD IN SUMMER 2023

INSTRUCTIONS TO CANDIDATES

You must:

- Complete parts **A–E**.
- Acknowledge and reference any sources used within the text.
- Include a detailed bibliography.
- Observe the word limits for parts A, B and E.
- Include an overall total word count.
- Include a photograph of the finished outcomes.
- Present your work in an A4 project folder.

INFORMATION FOR CANDIDATES

- This Component carries a weighting of **50%**.
- The total mark for this Component is **120**.
- You have a maximum of **3 hours** to make the chosen dishes under exam conditions.

Candidates' work to be submitted **May 2023**

Controlled Assessment Tasks must comply with the Regulations as detailed in the Subject Specification.

NB: Some Controlled Assessment Tasks instructions may constitute more than 1 page.

Please check you have all the information you need to complete the task if printing from a computer.

Below is the controlled assessment task for Component 2: Practical Food and Nutrition. Candidates must complete parts **A–E**.

The Eatwell Guide advises that we should eat at least five portions of a variety of fruit and vegetables every day.	Word Limit
Part A Research this issue to include two other viewpoints and their own viewpoint	800 words
Part B Choose a range of dishes that reflects the advice to include more fruit and vegetables in the diet and justify the choice using the listed criteria.	1500 words
Part C Plan for the practical activity	
Part D Prepare, cook and serve the chosen dishes	
Part E Evaluate all aspects of the task	1200 words
Total marks available: 120	