Learning for Life and Work: Modular

Unit 2
Personal Development

[GLF21]
FRIDAY 10 MAY, AFTERNOON

Time
1 hour, plus your additional time allowance.

Instructions to Candidates
Write your Centre Number and Candidate Number in the spaces provided at the top of this page.
You must answer the questions in the spaces provided.
Do not write on blank pages.
Complete in black ink only.
Answer all questions in this paper.

Information for Candidates
The total mark for this paper is 60.
Quality of written communication will be assessed in Questions 5(a), 5(b) and 6.
Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.
Answer all questions

1  (a) Name one consequence of risk-taking behaviour.  
   [1 mark]

   ___________________________________________________________

(b) Write down one reason why young people take illegal drugs.  
    [1 mark]

   ___________________________________________________________

(c) Explain one economic impact of becoming a parent.  
    [2 marks]

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(d) Describe one way communication may help to maintain a respectful relationship.  
    [2 marks]

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(e) Explain two ways a person could help to protect themselves from investment scams. [4 marks]

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2. ____________________________________________________________

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2  (a) Write down one disadvantage of renting a house.  
[1 mark]

(b) Write down one strategy to deal with cyberbullying.  
[1 mark]

(c) Describe one effect of young people having unprotected sex.  
[2 marks]

(d) Describe one strategy a young person may use to deal with frustration.  
[2 marks]
(e) Explain **two** opportunities for a foster carer supporting young children. [4 marks]

1. 

2. 

3  (a) Write down **one** consequence of poor budgeting.  
[1 mark]

(b) Write down **one** way a parent may develop a child’s morals and values.  
[1 mark]

(c) Explain **one** physical effect an unhealthy relationship can have on a person.  
[2 marks]

(d) Explain **one** way a young person may manage change in a positive way.  
[2 marks]
(e) Explain **two** benefits of moving in with a partner and living together. [4 marks]

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4 (a) Explain two ways the media may influence risk-taking behaviour. [4 marks]

1. 

2. 

(b) Explain two ways legislation may protect consumers when buying goods. [4 marks]

1. 

2. 

5 Source A: Work-life Balance

The ability to successfully combine work, family commitments and personal life is important for the well-being of all members of a family.

The more people work, the less time they have to spend on other activities. Evidence suggests that long working hours may affect personal health and well-being. Other causes may include taking work home and an increase in workload.

In the United Kingdom, full-time workers devote 62% of their day on average to personal care (eating, sleeping, etc.) and leisure (socialising with friends and family, hobbies, games, computer and television use, etc.).

Governments can help to address the issue by encouraging supportive and flexible working practices, making it easier for parents to strike a better balance between work and home life.
Read the information carefully in Source A on page 10 to answer part (a) of the question below.

(a) Using the information in the Source and your own knowledge, analyse the importance of a work-life balance. [6 marks]
Working long hours in a low-paid job or working part-time for a small income can have an impact on a person’s health, well-being and lifestyle.

(b) Discuss the consequences of low income on a person’s health and well-being. [6 marks]
There are many personal strategies vulnerable people may use to help deal with sexual exploitation.

6 Evaluate the personal strategies available to vulnerable young people in dealing with sexual exploitation. [10 marks]

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Total Marks

Examiner Number

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