Learning for Life and Work: Modular

Unit 2
Personal Development

[GLF21]
FRIDAY 10 MAY, AFTERNOON

TIME
1 hour, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES
Write your Centre Number and Candidate Number in the spaces provided at the top of this page.
You must answer the questions in the spaces provided.
Do not write outside the boxed area on each page or on blank pages.
Complete in black ink only. Do not write with a gel pen.
Answer all questions in this paper.

INFORMATION FOR CANDIDATES
The total mark for this paper is 60.
Quality of written communication will be assessed in Questions 5(a), 5(b) and 6.
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.
Answer all questions

1 (a) Name one consequence of risk-taking behaviour.

______________________________________________________________  [1]

(b) Write down one reason why young people take illegal drugs.

______________________________________________________________  [1]

(c) Explain one economic impact of becoming a parent.

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(d) Describe one way communication may help to maintain a respectful relationship.

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(e) Explain **two** ways a person could help to protect themselves from investment scams.

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2. _______________________________________________________________
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2 (a) Write down one disadvantage of renting a house.
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(b) Write down one way to deal with cyberbullying.
______________________________________________________________ [1]

(c) Describe one effect of young people having unprotected sex.
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[2]

(d) Describe one way a young person may deal with frustration.
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(e) Explain two opportunities for a foster carer supporting young children.

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3 (a) Write down one consequence of poor budgeting.

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(b) Write down one way a parent may develop a child’s morals and values.

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(c) Explain one physical effect an unhealthy relationship can have on a person.

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(d) Explain one way a young person may manage change in a positive way.

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(e) Explain two benefits of moving in with a partner and living together.

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4. (a) Explain **two** ways the media may influence risk-taking behaviour.

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(b) Explain **two** ways legislation may protect consumers when buying goods.

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(Questions continue overleaf)
Source A: Work-life Balance

The ability to successfully combine work, family commitments and personal life is important for the well-being of all members of a family.

The more people work, the less time they have to spend on other activities. Evidence suggests that long working hours may affect personal health and well-being. Other causes may include taking work home and an increase in workload.

In the United Kingdom, full-time workers devote 62% of their day on average to personal care (eating, sleeping, etc.) and leisure (socialising with friends and family, hobbies, games, computer and television use, etc.).

Governments can help to address the issue by encouraging supportive and flexible working practices, making it easier for parents to strike a better balance between work and home life.

© Adapted from, "Work-life Balance", OECD. http://www.oecdbetterlifeindex.org/topics/work-life-balance/
Read the information carefully in Source A to answer part (a) of the question below.

(a) Using the information in the Source and your own knowledge, analyse the importance of a work-life balance.

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[6]
Working long hours in a low-paid job or working part-time for a small income can have an impact on a person’s health, well-being and lifestyle.

(b) Discuss the consequences of low income on a person’s health and well-being.

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_________________________________________________________________ [6]
There are many personal strategies vulnerable people may use to help deal with sexual exploitation.

6 Evaluate the personal strategies available to vulnerable young people in dealing with sexual exploitation.