



*Rewarding Learning*

ADVANCED SUBSIDIARY (AS)  
General Certificate of Education  
2019

Centre Number

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Candidate Number

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## Health and Social Care

Assessment Unit AS 3

*assessing*

Health and Well-being

<b>MV18</b>
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**[SHC31]**

**TUESDAY 14 MAY, AFTERNOON**

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### **Time**

2 hours, plus your additional time allowance.

### **Instructions to Candidates**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write on blank pages.**

Complete in black ink only.

Answer **all three** questions.

### **Information for Candidates**

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(e)** and **3(g)**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

1 (a) Define the following terms.

Health [2 marks]

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Ill-health [2 marks]

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(b) Other than running health promotion campaigns, explain two ways the Public Health Agency contributes to health and well-being. [2 marks for each]

1. \_\_\_\_\_

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2. \_\_\_\_\_

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(c) Use the headings below to write down ways individuals may take responsibility for their own health and well-being.

Accessing health and social care services

[1 mark for each]

1. \_\_\_\_\_

2. \_\_\_\_\_

Self-advocacy

[1 mark for each]

1. \_\_\_\_\_

2. \_\_\_\_\_

**(d)** One approach to health promotion is the social change approach.

Complete the following to describe this approach and to explain its strengths and weaknesses.

A description of the social change approach  
[3 marks]

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Two strengths of this approach [2 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Two weaknesses of this approach [2 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





**2** A variety of socio-economic, physical, environmental and behavioural factors are known to impact on the physical, social and psychological health and well-being of individuals.

**(a)** One socio-economic factor is culture and ethnicity. Explain **one** way this can affect each of the following.

Physical health and well-being [2 marks]

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Social health and well-being [2 marks]

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**(b)** List **two** other socio-economic factors that can affect health and well-being. [1 mark for each]

1. \_\_\_\_\_

2. \_\_\_\_\_



(c) Physical factors include genetically inherited conditions. Name **one** such condition and describe how it affects physical and social health and well-being.

Name of condition [1 mark]

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How it affects physical health and well-being [3 marks]

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How it affects social health and well-being [3 marks]

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(d) Pollution is an environmental factor that can affect health and well-being. Explain **two** ways pollution might affect physical health and well-being.

[2 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**(Questions continue overleaf)**

**(e)** Exercise is a behavioural factor that affects all aspects of health and well-being. Discuss how exercise might affect the health and well-being of an individual.

[12 marks]

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A series of horizontal lines for writing, consisting of 20 lines spaced evenly down the page.

3 Sarah, aged 59, a manager in a Belfast health centre, has always been an active and sociable person. She recently developed a type of arthritis that can cause her a great deal of pain and negatively affects her mobility. Sarah has three adult children. Philip, her youngest son, has a learning disability. He lives locally in supported living accommodation where a team of social care staff help to look after the eight young adults with learning disabilities who live there.

(a) Explain **two** ways Sarah's ill-health could affect her psychological well-being. [2 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**(b)** Assess the potential effects of Sarah’s ill-health on her income and leisure activities. [6 marks]

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(c) Voluntary organisations have helped both Sarah and Philip. Sarah has been given information about her arthritis and Philip is living in supported living accommodation provided by a voluntary organisation.

Using examples, describe **two** other ways voluntary organisations contribute to health and well-being for people in Northern Ireland. [3 marks for each]

Example 1

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Example 2

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(d) Sarah worries that Philip has to cope with prejudice. Explain what is meant by the term prejudice.  
[2 marks]

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(e) Describe **one** example of how young adults with learning disabilities can be discriminated against in a healthcare setting like a health centre or hospital.  
[3 marks]

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(f) Describe **two** ways a manager in a healthcare setting can promote anti-discriminatory practice for service users with learning disabilities.

[3 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
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**This is the end of the question paper**

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<b>For Examiner's use only</b>	
<b>Question Number</b>	<b>Marks</b>
1	
2	
3	

<b>Total Marks</b>	
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**Examiner Number**

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