UNIT 5
Decision Making
Supports pupils in the process of making informed judgements about their choice of occupation and encourages pupils to recognise that planning and taking responsibilities for oneself is a prerequisite to future success.
Unit 5: Decision Making (C1, C2, C5, C8, C9)

LEARNING INTENTIONS

By the end of this unit the pupils will have had the opportunity to:

- identify a number of decisions they make each day;
- recognise the importance of making informed choices;
- examine consequences of choice and the effects on self and others;
- consider the factors that influence choices and decisions;
- recognise the need to plan ahead and demonstrate planning skills;
- understand the planning process.

SUGGESTED TEACHING & LEARNING ACTIVITIES

1. As a class pupils discuss and list the typical decisions and choices they make on a daily basis (e.g., what to have for breakfast, what to do at break time) and identify some of the factors that influence their decisions. Using Activity Sheet 5(a) *What and Who Influences My Decisions?*

2. Information is required to make a ‘good choice’. Pupils are offered two Saturday jobs. Using Activity Sheet 5(b) *Saturday Job Choice* pupils in pairs devise five questions they would ask to help make an informed choice about job selection.

3. Using Activity Sheet 5(c) *Healthy Eating Plan* teacher leads the discussion on setting a goal. Pupils in groups complete Activity Sheet 5(d) *Packing My Schoolbag* and other planning activities can follow using Activity Sheet 5(e) *Planning Sheets*.

4. Pupils identify advantages of planning and consequences of lack of planning. Using the examples on Activity Sheet 5(f) *Consequences of Planning*.

5. Pupils plan a class activity which involves setting goals and identifying steps needed. In groups pupils use Activity Sheet 5(g) *End of Term Party* to plan a party.

SKILLS DEVELOPMENT OPPORTUNITIES

- Working with Others
- Thinking, Problem solving, Decision making

RESOURCES

- Activity Sheet 5(a) *What and Who Influences My Decisions?*
- Activity Sheet 5(b) *Saturday Job Choice*
- Activity Sheet 5(c) *Healthy Eating Plan*
- Activity Sheet 5(d) *Packing My Schoolbag*
- Activity Sheet 5(e) *Planning Sheets*
- Activity Sheet 5(f) *Consequences of Planning*
- Activity Sheet 5(g) *End of Term Party*
UNIT 5: DECISION MAKING
Activity Sheet 5(a): What and Who Influences My Decisions?

My Decisions
UNIT 5: DECISION MAKING
Activity Sheet 5(b): Saturday Job Choice

Questions I need to ask...

Job 1

Q1

Q2

Q3

Q4

Q5

Job 2


My Goal:

To eat healthy food

I will drink fruit juice or water with meals.

Every time I go to the canteen, I will select a healthy option.

I will only eat crisps for two breaks a week. I will eat healthy snacks the other days.

Three days a week, I will select a healthy option in the canteen.

I will talk to the Home Economics teacher about healthy eating.

My Starting Point:

I eat lots of junk food
My Goal:

Packed school bag with all equipment for next day’s lessons

My Starting Point:

Empty school bag
UNIT 5: DECISION MAKING
Activity Sheet 5(e): Planning Sheets

My Goal:

My Starting Point:
Example of Planning:

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<thead>
<tr>
<th>List some advantages of planning</th>
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<table>
<thead>
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<th>List some consequences of not planning</th>
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Take an example of planning, like packing your school bag, packing a suitcase for holidays, planning a journey.
Collect money from pupils.

Plan the entertainment.

Decide on the date and time for the party.

Decide where the party will take place.

Confirm numbers attending.

Decide who you are going to invite and make a guest list.

Get permission from the principal.

Send out invitations.

Decide on cost per pupil.

Go shopping for crisps, drinks and other food.

Set out crisps, drink and other food.

Decorate the party room.

Go shopping for balloons and banners.